

# **West Coast Endoscopy Center**

## **Patient Information Summary Sheet**

**We request that you read and follow these instructions prior to your procedure.**

- If you are scheduled for an upper Endoscopy, you are allowed to eat up to 6 hrs. prior to the time of your scheduled procedure.
- If you are scheduled for a colonoscopy, you are allowed clear liquids ONLY, up to 2 hrs. prior to the time of your scheduled procedure.
- Bring a list of all medications with you.
- Take a bath or shower.
- Notify your physician immediately if there is any change in your physical condition (i.e. fever, nausea, vomiting, diarrhea or respiratory infection).
- You will be required to have an adult take you home at the time of discharge. **YOU MUST NOT USE PUBLIC TRANSPORTATION** (buses, taxis, etc.).
- Have a good night's rest.
- Brush your teeth, clean your dentures, use a mouth wash, if desired, but **DO NOT DRINK ANY WATER.**
- Do not bring jewelry, money or valuables with you to the Center, we will not assume responsibility for these items.
- Remember to wear comfortable clothing.
- Arrive at the Center at your pre-scheduled time. Enter through the main entrance. If you are less than 8 years of age and unmarried, you must have a parent or legal guardian to sign a consent for your procedure.
- Please limit the number of persons accompanying you to one or two. Please do not bring children with you as we do not have facilities to supervise them.

